

# SELU Research Review Journal

## Volume 1, Issue 2, 2016

The *SELU Research Review Journal* was launched in November 2016 as a forum for graduate student reviews capturing the state of current research in educational administration. Topics related to leadership, policy, governance, law, finance, and the administration of K-12, post-secondary, and other educational institutions are the focus of this journal. The articles published in the *Journal* reflect graduate students' work throughout their programs of study at the University of Saskatchewan. This journal is intended to be a resource for educational administrators and practitioners—offering thorough overviews and assessments of current research. Reviews presented in the *Journal* represent collections of diverse perspectives and findings from academic research that will aid in policy development and in the improvement of practice in educational institutions.

### SELU Commitment

The Saskatchewan Educational Leadership Unit (SELU) is a non-profit agency that provides customized consultative services to educational partners, First Nations authorities, and human services agencies that enhance leadership development and educational programs. Established by the Ministry of Education in 1986, the Saskatchewan Educational Leadership Unit has served provincial, national, and international clients by:

- designing and implementing professional development programs and activities;
- conducting research and administrative studies on educational leadership and issues that affect it;
- providing a forum for the discussion of significant educational and administrative issues;
- linking organizations involved in leadership development; and,
- consulting with agencies and individuals interested in enhancing their leadership development and educational programs.

SELU is a collaborative and active partner in the K-12 and post-secondary education sectors. It focuses on enhancing the quality of leadership in education, improving student learning outcomes and student well-being.

SELU operates as a Type A centre at the University of Saskatchewan, and is aligned with the College of Education and the Department of Educational Administration. The unit is uniquely positioned to conduct and share research, and to connect faculty with special research interests and expertise to the field. Its work enables faculty to stay current on issues facing school divisions, First Nations authorities, and agencies from the human services sectors.

### Acknowledgements

SELU would like to acknowledge the contributions of the following individuals: **Erin Magee** (Master's student, Educational Psychology and Social Education), **Dr Paul Newton** (Department Head, Educational Administration), **Joshua Scott** (Master's student, Educational Administration), and **Dr Vicki Squires** (Graduate Chair, Educational Administration).



UNIVERSITY OF SASKATCHEWAN  
College of Education  
DEPARTMENT OF EDUCATIONAL ADMINISTRATION  
EDUCATION.USASK.CA



**SELU**  
Saskatchewan Educational Leadership Unit

**SELU**  
Research Review  
Journal

**SELU**

volume 1  
issue 2  
2016

selu.usask.ca

---

**Editorial**

Erin Magee 3

Engaging the Middle Years' Male Students 17

Examining Mental Health in Schools and the Role It Plays in Supporting Students 37

Student Anxiety and Depression in Our Schools 47

Maker Spaces for Indigenous Pedagogy: Decolonizing Education 67

First Nations Instructional Leadership for the Twenty-First Century 77

Unpacking the Impact of School Culture: A Principals' Reflection on Fortifying the Culture of a School 87

How to Create a Resistance-Free Environment for Successful Distributed Leadership in Education 97

**Engaging the Middle Years' Male Students**

Paul Sowby

**Abstract**

The purpose of this review article is to examine the role of school boys and young men in the 21st century. It explores the challenges of engaging this demographic group in the classroom and the importance of creating a supportive environment for their learning. The article discusses the impact of social media, technology, and the changing nature of work on the lives of young men. It also examines the role of schools in providing a safe and supportive environment for these students. The article concludes with a call to action for educators to engage young men in their learning and to provide them with the support and resources they need to succeed.

**Keywords:** Engaging the Middle Years' Male Students, School Culture, Student Engagement, Social Media, Technology, Work, Learning, Support, Resources.

**Examining Mental Health in Schools and the Role It Plays in Supporting Students**

Mark Engelhardt

**Abstract**

The purpose of this review article is to examine the role of mental health in schools and the impact it has on students. It explores the challenges of identifying and supporting students with mental health issues and the importance of creating a supportive environment for their learning. The article discusses the impact of social media, technology, and the changing nature of work on the lives of young men. It also examines the role of schools in providing a safe and supportive environment for these students. The article concludes with a call to action for educators to engage young men in their learning and to provide them with the support and resources they need to succeed.

**Keywords:** Examining Mental Health in Schools, Student Engagement, Social Media, Technology, Work, Learning, Support, Resources.

**Student Anxiety and Depression in Our Schools**

Cindie Hayden

**Abstract**

The purpose of this review article is to examine the role of student anxiety and depression in schools and the impact it has on learning. It explores the challenges of identifying and supporting students with anxiety and depression and the importance of creating a supportive environment for their learning. The article discusses the impact of social media, technology, and the changing nature of work on the lives of young men. It also examines the role of schools in providing a safe and supportive environment for these students. The article concludes with a call to action for educators to engage young men in their learning and to provide them with the support and resources they need to succeed.

**Keywords:** Student Anxiety and Depression, Student Engagement, Social Media, Technology, Work, Learning, Support, Resources.

**Making Space for Indigeneity: Decolonizing Education**

Tiffany Smith

**Abstract**

The purpose of this review article is to examine the role of indigeneity in education and the impact it has on learning. It explores the challenges of identifying and supporting students with indigeneity and the importance of creating a supportive environment for their learning. The article discusses the impact of social media, technology, and the changing nature of work on the lives of young men. It also examines the role of schools in providing a safe and supportive environment for these students. The article concludes with a call to action for educators to engage young men in their learning and to provide them with the support and resources they need to succeed.

**Keywords:** Making Space for Indigeneity, Student Engagement, Social Media, Technology, Work, Learning, Support, Resources.

**First Nations Instructional Leadership for the Twenty-First Century**

Rosemary Moore

**Abstract**

The purpose of this review article is to examine the role of First Nations instructional leadership in the 21st century. It explores the challenges of identifying and supporting students with First Nations instructional leadership and the importance of creating a supportive environment for their learning. The article discusses the impact of social media, technology, and the changing nature of work on the lives of young men. It also examines the role of schools in providing a safe and supportive environment for these students. The article concludes with a call to action for educators to engage young men in their learning and to provide them with the support and resources they need to succeed.

**Keywords:** First Nations Instructional Leadership, Student Engagement, Social Media, Technology, Work, Learning, Support, Resources.

**Unpacking the Impact of School Culture: A Principals' Role in Creating and Sustaining the Culture of a School**

Janine Protopchuk

**Abstract**

The purpose of this review article is to examine the role of school culture in education and the impact it has on learning. It explores the challenges of identifying and supporting students with school culture and the importance of creating a supportive environment for their learning. The article discusses the impact of social media, technology, and the changing nature of work on the lives of young men. It also examines the role of schools in providing a safe and supportive environment for these students. The article concludes with a call to action for educators to engage young men in their learning and to provide them with the support and resources they need to succeed.

**Keywords:** Unpacking the Impact of School Culture, Student Engagement, Social Media, Technology, Work, Learning, Support, Resources.

**How to Create a Resistance-Free Environment for Successful Distributed Leadership in Education**

Ahmed Saleem

**Abstract**

The purpose of this review article is to examine the role of distributed leadership in education and the impact it has on learning. It explores the challenges of identifying and supporting students with distributed leadership and the importance of creating a supportive environment for their learning. The article discusses the impact of social media, technology, and the changing nature of work on the lives of young men. It also examines the role of schools in providing a safe and supportive environment for these students. The article concludes with a call to action for educators to engage young men in their learning and to provide them with the support and resources they need to succeed.

**Keywords:** How to Create a Resistance-Free Environment, Student Engagement, Social Media, Technology, Work, Learning, Support, Resources.